



Alivio Massage Therapy

www.aliviomassagetherapy.com

CODE OF ETHICS

• **Client Consent and Communication:**

- Assess client's medical history, general health, and use of medications before administering any treatment.
- Obtain informed consent from clients before starting any aromatherapy massage treatment.
- Clearly communicate the details of the treatment, including the use of essential oils and any potential risks or benefits.

• **Confidentiality:**

- Maintain the confidentiality of client information, including personal details and health history, unless required by law to disclose.

• **Professional Competence:**

- Stay informed about the latest developments in aromatherapy and massage techniques through continuous education.
- Only provide services within the scope of training and expertise.

• **Safety and Hygiene:**

- Ensure a safe and clean environment for aromatherapy massage treatments.
- Adhere to proper hygiene practices, including the regular cleaning and sanitisation of equipment, materials, and massage spaces.

• **Informed Decision-Making:**

- Educate clients about the potential effects of essential oils and massage treatments and encourage them to make informed decisions about their treatment.

• **Respect for Client Boundaries:**

- Respect the client's autonomy and personal boundaries throughout the treatment.
- Obtain permission before adjusting or exposing any part of the client's body.

• **Integrity and Honesty:**

- Provide accurate and honest information about the benefits and limitations of aromatherapy massage.
- Avoid making false claims about the therapeutic effects of treatments.

• **Cultural Sensitivity:**

- Be sensitive and respectful of diverse backgrounds, cultures, and beliefs.
- Avoid using essential oils or treatment practices that may be offensive to, or inappropriate for, a client's cultural or religious preferences.

• **Professional Conduct:**

- Maintain a professional demeanour and appearance during aromatherapy massage sessions.
- Refrain from engaging in any behaviour that could be perceived as inappropriate or unprofessional.
- Treat and handle any complaints with respect and due care and attention.

• **Continuity of Care:**

- Collaborate with other healthcare professionals when necessary to ensure the client's well-being.
- Provide appropriate aftercare advice / follow-up to support the client's ongoing health.

• **Personal Well-Being:**

- Take care of my personal well-being to ensure the ability to provide effective and safe aromatherapy massage treatments.
- Seek support or supervision when dealing with challenging client situations or emotional issues.